

FREEWHEELER

Inner Wheel Club of Hythe and District Newsletter

President: Wendy Lewis

Issue Number 33 – February 2021



On Saturday 31st October 2020, President Wendy attended the Waterside Cancer Support Centre tenth birthday celebration. She tied a yellow ribbon with our message to the memory tree.

June Richens founded the centre and it was formally opened by Southampton FC manager Lawrie McMenemy on 31st October 2010. Mary was club President that year and attended the opening. Inner Wheel has supported the centre over the years.

As the Christmas season approached we filled 30 shopping bags with groceries, toiletries and Christmas treats for the local Waterside Foodbank.

On Tuesday 8th December President, Wendy Lewis and District Chairman, Mary Fenn delivered the donations to Jan Hayter, coordinator of the local Waterside Foodbank in Blackfield.

This has been a very difficult year for many families in our community and we were pleased to help spread a little bit of festive cheer. Jan Hayter was very grateful and thanked Inner Wheel for our wonderful donation.



Wendy Lewis, Jan Hayter and Mary Fenn outside Waterside Foodbank

Also, at the end of last year because we couldn't have a Christmas get together, we held our Secret Santa in a different way. We were given the name of a member to buy for and then dropped our presents off at 3 collection points. The presents were delivered to the recipient and that afternoon we had a zoom meeting to open the presents and cards.



For Inner Wheel International Day on 5th January, Susan, who is our International Officer, organised a quiz by zoom. I have to say I did very poorly, especially on recognising the flags but it was a fun evening enjoyed by all who attended.

<p>FRAME SHOP HYTHE PICTURE FRAMING 15 Marsh Parade, Hythe 023 8084 4741</p>	<p>The HERALD Your Community Magazine Est: 1994</p>	<p>ANXIETY - PANIC ATTACK? Stay Calm, in Control & Relaxed. Break Free from a Fear or Habit. Regain Confidence & Happiness. Fast & Effective, Lasting Results. Call 07786 376980 E: alan@alanjoneshynotherapy.com</p>
<p>No 401 • FREE Every 3 Weeks • 28th Jan-18th Feb 2021</p>		
<p>60 Miles Smashed for Cancer Research UK!</p>		
 <p>Mary Fenn</p>	<p>Stretching along the coast, The Solent Way is a 60-mile footpath linking Milford on Sea with Emsworth Harbour, with much of the path following the Hampshire coastline and passing through our beloved New Forest.</p> <p>Mary has dedicated 26 years to the Hythe and District Inner Wheel, following their values of Friendship, Fellowship and Service and together with the other members of the club, raised huge sums of money and awareness for local, national, and international causes over the years.</p> <p>Motivated by a personal experience of family and friends who have battled with cancer, Mary achieved her target of completing the 60 mile hike in six weeks. Taking in the breath-taking views across the water to the Isle of Wight, the terrain was varied with many of the shingle beaches rough underfoot, even with the best of walking boots! The nature reserves however were stunning, with good information points giving details of the wildlife that can be seen in all the areas. Speaking of her achievement Mary said: "It was a</p> <p>CONTINUED ON PAGE 3</p>	<p>seashells lounge bar & restaurant UPDATED TAKEAWAY & DELIVERY MENU NOW AVAILABLE</p> <p>Opening Hours Wed - Fri 5pm - 9pm Saturday 10am - 9pm Sunday 10am - 6pm</p> <p>View our menu on our website www.seashellshythe.co.uk Call us on 023 8084 7188 or message us on Facebook to place an order or for further details.</p>
<ul style="list-style-type: none"> Reliable and Efficient Service Serving Trade, Domestic and Commercial Customers Three sizes of bags available 	<p>ABBAY GRAB BAG</p> <ul style="list-style-type: none"> Call us for Prompt Delivery of a Bag Fill Like a Normal Skip Call again for a swift collection. We can also collect your own grab bags 	<p>EAT • DRINK • ENJOY</p>

As you can see, at the end of January Mary made the front page of the Herald.

60 Miles Smashed for Cancer Research UK!

Back in 2020, Inner Wheel District 11 Chairman Mary Fenn set herself an ambitious challenge: to walk The Solent Way in aid of her chosen charity, Cancer Research UK. Mary raised a wonderful £1,667.

This was a just recognition of her dedication and a very good PR for Inner Wheel.

As we enter February, we're still in Lockdown, so no face to face meetings or socialising. Our Inner Wheel meetings are held by zoom and our Buddy groups still offer support and friendship. We are again collecting for the Food Bank, which is a good cause and easy to achieve with the Supermarkets and food shops allowed to open. Many of us put a few extra items (sugar, tinned fruit and vegetables, toiletries and toilet rolls) on our online delivery and when enough are collected a delivery is made to the Food Bank.



Many of our members have now had one dose of the vaccine and will receive the next one within the next 3 months. This might mean that some restrictions will be lifted and we can meet again before the summer. We live in hope.

Vanessa Daley
Club Correspondent